



Krista Dormitorio

Krista is by your side

Thanks to your help, we proudly introduce Krista Dormitorio - the new Stroke Care Coordinator at the San.

Through your incredible generosity over the 2020 Christmas season, San Foundation has been able to support a new, dedicated Stroke Care Coordinator position at Sydney Adventist Hospital.

Krista has been working on Radley Ward for over six years and is experienced in stroke management. She has been actively involved in developing the hospital's stroke service and part of the team that initiated the Stroke MET call (urgent response team).

"So many patients have no warning about a possible stroke and can be confused and disoriented afterwards – it's often a very frightening time for them and their families. Helping people navigate through the treatment and recovery options is so important because it's different for everyone and every patient deserves a pathway that's tailored for them and their unique needs."

Managing treatment for a stroke and re-learning everyday tasks can be extremely challenging. Because of your support, Krista is already helping patients and their families through the treatment and recovery process as well as direct and set up home-based services to ease the transition back to home or a care facility.

proudly supporting





You make a difference

The definition of 'philanthropy' is a love of humankind. I want to thank you, dear supporter, for expressing your compassion and love for your neighbour, through your giving. On behalf of the many San patients you have helped, I would like to sincerely thank you for the person you are, not just what you do by supporting San Foundation. In a world that sometimes appears to have a lot of negativity and despair, it is people like you that we need more of. People like you give us hope.

Over the recent weeks and months, our small team has tried to reach out to as many supporters as we can to ensure that you're OK. I know sometimes when the phone rings and someone from a well-meaning charity is calling, you can think "they just want me to give a donation". Please know that there are only two reasons San Foundation calls its supporters. One, most importantly, is to thank you. The other, is to ask if you're OK? We know times are difficult and many supporters may feel alone and isolated, particularly when you're not able to see family and friends. If you'd like a call – or know someone who would welcome a call – please feel free to email us at foundation@sah.org.au or phone 02 9480 9405.

Impact is our opportunity to show you how you make a difference. The pages are full of ways we have delivered on our promise that your gift will help your neighbour and your community. You can always email me at karen.gair@sah.org.au if you there's anything you'd like to share or if have any feedback for us.

Please stay well.

Karen Gair
Managing Director

San Foundation welcomes Judy Tanna

Judy Tanna has joined the dynamic team at San Foundation as its Philanthropy Manager and we are thrilled to have her on board.

Judy is a local resident of Wahroonga, has had children graduate from both Pymble Ladies' College and Knox Grammar, and currently serves on the Knox Grammar School Council.

She has had extensive experience raising funds in the not-for-profit sector, including major roles at The Smith Family and Sydney Living Museums.

Judy's passion is to assist supporters to understand the impact their donations can have at the San and and she would love to hear from you at judy.tanna@sah.org.au or phone 02 9480 9469.



Judy Tanna

Inaugural San Foundation Ambassador Awards



Gavin Marx

San Foundation is proud to introduce our new Ambassadors program.

Each year we will recognise two special people who consistently create meaningful relationships with their patients; who get to know the whole patient - and often their families - and make a deep and lasting impact on these patients' lives.

These individuals go the extra distance to understand the small things that make a big difference – the early

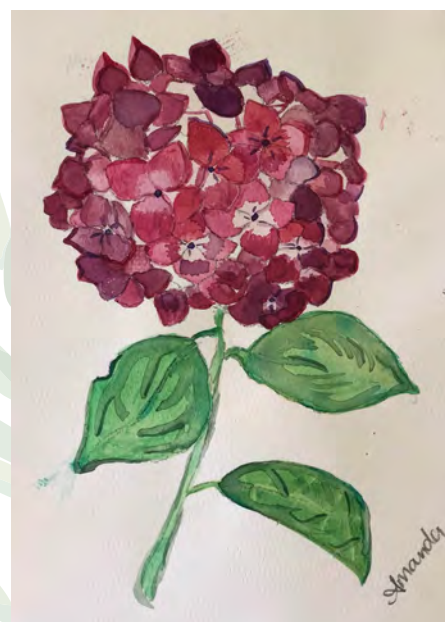


Lydia Shao

phone call with test results that will ease someone's mind; the extra preparation for a patient they know needs something extra special to make them comfortable.

Congratulations to our San Foundation Ambassadors Professor Gavin Marx San Integrated Cancer Centre Clinical Director and Renal Dialysis Nursing Unit Manager Lydia Shao.

Cancer support throughout COVID



Staying connected and providing support throughout COVID has been key for the Cancer Support Centre and manager Michelle Gardiner.

"Classes and groups continued to run on Zoom and creativity became important while everyone was staying safe at home during the tightest of COVID restrictions." says Michelle.

Art was particularly popular. An artist kit was delivered directly to participants' homes for an online watercolour class and the paintings are beautiful.

"I just wanted to say how wonderfully therapeutic I have found doing watercolour to detach from I have been going through. The generosity of the donors has sparked a new love for me and I am now enjoying doing a bit of painting every day. Thank you so much!" Amanda



Peter Blyth

Peter Blyth takes on Everest Challenge in 2021 for San cancer patients

Peter is not one to shy away from a difficult challenge.

Despite ongoing lockdowns in 2021 he will again raise funds for San Foundation by riding 5,000km and climbing the equivalent of Mt Everest five times - all in support of the Poon Ward.

So far, Peter has climbed more than 44,000 meters of elevation and raised almost \$6,000 towards purchasing a recliner chair for the ward.

Knowing the community, and very special people like Peter, are doing all they can to help provides tremendous peace of mind and comfort for patients during often difficult and worrying times.

If you'd like to set yourself a challenge, or collect a group of friends to have fun with the added impetus of doing something wonderful for your community, you can create your own fundraising goal on our new website – sanfoundation.org.au

Inaugural Dr John Letham Nursing scholarships awarded

Named in honour of a much-loved and long-standing San doctor, an astounding nine full or partial scholarships have recently been awarded to nurses to pursue post graduate studies in acute care nursing. These committed and worthy scholars work within the Intensive Care, Coronary Care and Emergency Care departments of the San and their new insights and skills will make them very valuable resources for these growing areas.

Dr Letham was the San's principal obstetrician in 1950 and maintained his association with the hospital in range of specialty interests for 30 more years. Always ready for a conversation, Dr Letham became more of a trusted friend to his patients than a physician.



Ernie and Madison, two of our 2021 scholarship recipients

His compassion, dedication and unrelenting focus on clinical excellence are a guiding light to the nurses privileged to study with the support of such a tremendous gift. We offer our heartfelt gratitude to the family of Dr John Letham for enabling others to continue in his footsteps.



Breast cancer vision brought to life by your support

The vision of our breast cancer and diagnostic specialists to create a rapid diagnosis and treatment centre at the San is now real thanks to you.

The San Breast Care integrated service is streamlined to radically reduce the wait time for the state-of-the-art mammography, ultrasound, review, biopsy and, where needed, surgery by our leading specialists. The value of having a multidisciplinary team of highly skilled experts all working together is making such a difference for patients now.

Co-located with San Radiology on level 3 of the hospital, San Breast Care has a discrete waiting room and consulting rooms away from other service areas. The unique service is helping patients receive a diagnosis and often a specialist consultation within hours rather than weeks, followed by surgery or treatment within days. Eliminating the weeks, sometimes months, of testing and waiting that patients can endure will make valuable difference because it means the cause is treated so much sooner. Importantly, it also dramatically reduces the mental anguish and stress for the patient as well as their family.

San Breast Care was entirely funded by grateful and caring donors like you, we are so proud and grateful for your support to make this is possible at the San.



New San Breast Care rooms

A grateful community supports very grateful San nurses



Grace Young



Joseph and Ira

Grace, Joseph and Ira are very special nurses at the San. They were fortunate to be able to undertake specialised education and training in Chemotherapy thanks to scholarships from San Foundation. These scholarships, funded by family and friends in

memory of the late Kerrie Cotton and other caring supporters, have provided San nurses with highly specialised and practical skills used every day to support patients in the Poon Day Infusion Centre and Poon Ward.

You're helping us reach our goal to more than double our new nurses!

With your generous support we are well on the way to helping the San recruit and train nearly 90 new graduate nurses. It's no mean feat to make this happen and we couldn't even contemplate it without your faith in our goal to grow and educate new nurses at the San. We'll share more updates with you about this program in the new year – if you'd still like to help please see our website for more information.

Remembering together

Our Annual Memorial Service was again held online this year as visitor and gathering restrictions prevented us from coming together in person.

You can still view the service online at sanfoundation.org.au to hear messages from our staff.

Our heartfelt thanks to the family and friends who have donated to San Foundation in memory of those dear to them or as a lasting legacy.

They are forever in our hearts as we remember them together.

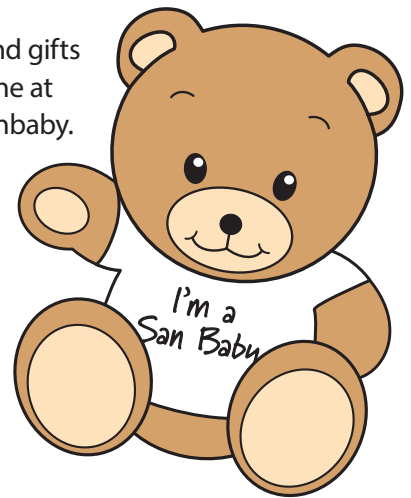
Alistair Dillon, Angelo Maugeri, Barbara Bore, Brian O'Kane, Christopher Harvey, Denise Bellamy, Douglas Chan, Errol Pushong, Flynn James Kearney, Gary Sherer, Graeme Postlethwaite, Ian Bartholomew, Isabel Dobson, Ishwar Khanna, Jillian Lenehan, John Holswich, Joseph Tonks, June Sutherland, Kenneth Knight, Lillian Moroney, Lily Thomas, Loralie Thomson, Lorna Robin, Nola Martinson, Norma Arundell, Peter Brown, Peter Conde, Peter Cottrell, Peter Hyer, Peter Velleley, Robert Chong, Sheila Simpson-Lee, Therese Shorrock, Tom Tung Poa Chen, Tuyet-Mai Pham.

Are you a San Baby?

If you are, or you have, a special San Baby let us know.

San Baby Bear Plaques and gifts can now be ordered online at sanfoundation.org.au/sanbaby.

Or register for the San Baby Club to receive news, updates and bear-y special invitations.



Vale Dr Peter Cottrell AO OBE



Peter Cottrell

We fondly remember Dr Peter Cottrell AO OBE who passed away in October 2021 and the lasting impact of his vision and dedication at the San.

Peter was a founding member of San Foundation in 1987 and chairman of the Cancer and Extended Care campaign, which raised funds to extend Jacaranda Lodge and create the hospital's oncology ward.

Throughout a long and distinguished career, Peter was a driving force in education and business. He was awarded an OBE in 1978 and an AO in 1987 for his service to secondary industry.



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